



Le Hérison Lunch Menu



Lunch	Week 1 (19 th November)	Week 2 (5 th November)	Week 3 (12 th November)
Monday	Macaroni cheese served with peas & carrots. Side of cheese Followed by Melon Trio	Moroccan lamb with mixed rice Followed by fruit yoghurts.	Chicken in a tomato, basil & olive oil sauce. Served with mash potato Followed by mousse
Tuesday potato	Cod & haddock chowder served with mash Followed by Fruit yoghurts	Beef, tomato, swede & parsnip casserole served with wholemeal pasta Followed by fruit flapjacks	Meatballs & pasta Followed by carrot cake.
Wednesday	Fruity Cauliflower Curry served with rice Followed by Raspberry crumble cake.	Mid week Chicken Sunday dinner served with new potatoes & green beans Followed by fruit salad.	Cod & butterbean goulash served with trio pasta Followed by jelly
Thursday potato	Chicken, bean & lentil hot pot served with mash Followed by mousse	Tuna, lemon & dill pasta served with a side of cheese Followed by apple & sultana cake Jacket potato, cheese & tuna	Beef Chilli with carrots served with rice Followed by natural yoghurt with raspberry compote Turkey & cranberry pasta bolognese
Friday	Beef & carrot pasta bolognese Followed by rice pudding	Followed by jelly.	Followed by apple berry crumble

